



Cresset Christian Academy

A Ministry of Cresset Baptist Church

August 20, 2009

Dear Academy Families:

We are continuing to follow the precautionary guidelines that were communicated to you last Spring and would appreciate your continued help.

A few things to remember:

1. **Practice good hand hygiene** by washing your hands often with soap and water,
2. **Cover your mouth and nose** with a tissue when you cough or sneeze.
3. **Stay home if you or your child is sick** for at least 24 hours after there is no longer a fever or signs of a fever.
4. **Get your family vaccinated** for seasonal flu and 2009 H1N1 flu when vaccines are available.

If flu conditions become more severe, please consider:

- **Keeping any school-aged brothers or sisters home for 5 days** from the time another household member becomes sick, as the incubation period can be up to 5 days.
- **Extending the time sick children stay home** for at least 7 days,

Thank you to everyone who is contributing supplies to the classrooms/students such as disinfectant wipes and hand sanitizers. We would encourage you to also include personal size hand sanitizer and tissues in your child's book bag. Your support is such a blessing.

In Him,

Gail E. Murphy, M.Ed.
Head Administrator