




WELCOME BACK!



September

Mon	Tue	Wed	Thu	Fri
			1 Chicken Parmesan Tossed Salad Mandarin Oranges Milk	2 Hamburger *Oven Fries* Peas Tropical Fruit Milk
5 NO SCHOOL LABOR DAY	6 Grilled Chicken Caesar Salad Mandarin Oranges Milk	7 Pizza Spinach Watermelon Milk	8 Baked Ziti Italian Bread Tossed Salad Pineapple Milk	9 Hot Dog Cole Slaw Baked Apples Milk
12 BBQ Chicken Sandwich Baked Beans *Peach Cobbler* Milk	13 Beef/Rice Stir-Fry Asian Veggies Tropical Fruit Milk	14 Pizza Broccoli Watermelon Milk	15 Spaghetti w/Sauce Italian Bread Tossed Salad Mandarin Oranges Milk	16 Hamburger *Oven Fries* Peas Tropical Fruit Milk
19 Chicken Nuggets Mashed Potatoes Peas Tropical Fruit Milk	20 Beef Fajitas Black Bean Salad Pears Milk	21 Pizza Corn Watermelon Milk	22 Chicken Parmesan Italian Bread Tossed Salad Mandarin Oranges Milk	23 Hot Dog Baked Beans Peaches Milk
26 Chicken Salad Sandwich Broccoli Pears Milk	27 Beef Enchilada Rice & Beans Peaches Milk	28 Pizza CA Veggies Watermelon Milk	29 Hamburger Green Beans Tropical Fruit Milk	30 Baked Ziti Italian Bread Tossed Salad Mandarin Oranges Milk

Notes from the Kitchen...

- IMPORTANT NOTE FOR THIS YEAR: Lunches may be purchased individually from the lunch room for \$4.00 (cash or check), or lunch tickets may be purchased for \$40 (10 lunches per ticket). Milk/snack tickets are also available for \$10 (20 milks or 5 snacks). **There will be no individual lunches charged to student accounts!!**
- We are pleased to offer "corn syrup-free" fruits!
- MS/HS Nutritious Snack Items (subject to availability): Fresh Fruits, Muffins, Juice, Yogurt, Chex Mix, Pretzels, Granola Bars
- If you are planning a party for your child's class and serving them lunch, please let the kitchen know as early as possible, so the proper amount of food will be prepared for those eating regular school lunches.
- If your child is arriving late to school and will need lunch, please call ahead by 9:30 a.m.
- *Starred* items are not available for preschool students.