



OCTOBER MENU

Mon	Tue	Wed	Thu	Fri
3 Ham&Swiss Sandwich *Chips* Mixed Veggie Peaches Milk	4 Baked Chicken Dirty Rice Tropical Fruit Milk	5 Pizza Broccoli Seasonal fruit Milk	6 Chicken Parmesan Italian Bread Tossed Salad Mandarin Oranges Milk	7 NO SCHOOL
10 Grilled Chicken Caesar Salad Tropical Fruit Milk	11 Beef Fajitas Black Bean Salad Pears Milk	12 Pizza CA Veggie Applesauce Milk	13 Stuffed Shells Italian Bread Tossed Salad Mandarin Oranges	14 Hamburger Peas Pineapple Milk
17 Mac & Cheese Green Beans Tropical Fruit Milk	18 Turkey Taco Black Beans & Zucchini Pears Milk	19 Pizza CA Veggie Seasonal Fruit Milk	20 Chicken Parmesan Italian Bread Tossed Salad Mandarin Oranges Milk	21 Hot Dog Kraut & Beans Peaches Milk
24 Fettuccini Alfredo Broccoli Tropical Fruit Milk	25 Chicken Nuggets Mashed Potatoes Peas Peaches Milk	26 1/2 DAY NO LUNCH	27 NO SCHOOL ACSI CONVENTION	28 NO SCHOOL ACSI CONVENTION
31 Grilled Cheese Mixed Veggies Peaches Milk	1 Grilled Chicken Caesar Salad Tropical Fruit Milk	2 Pizza Broccoli Seasonal fruit Milk	3 Hamburger *Oven Fries* Peas Peaches Milk	4 Spaghetti W/Meat Sauce Italian Bread Tossed Salad Mandarin Oranges Milk



Notes from the Kitchen...

- **IMPORTANT NOTE FOR THIS YEAR:** Lunches may be purchased individually from the lunch room for \$4.00 (cash or check), or lunch tickets may be purchased for \$40 (10 lunches per ticket). Milk/snack tickets are also available for \$10 (20 milks or 5 snacks). **There will be no individual lunches charged to student accounts!!**
- We are pleased to offer “corn-syrup-free” fruits!
- MS/HS Nutritious Snack Items (subject to availability): Fresh Fruits, Muffins, Juice, Yogurt, Chex Mix, Pretzels, Granola Bars
- If you are planning a party for your child’s class and serving them lunch, please let the kitchen know as early as possible, so the proper amount of food will be prepared for those eating regular school lunches.
- If your child is arriving late to school and will need lunch, please call ahead by 9:30 a.m.
- *Starred* items are not available for preschool students.

